The Oar Board® User Manual

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Step 1: Unpack the components and lift the unit out of the box; the carriage is already installed on the base.

Step 2: Take the seat and place it on the seat base aligning the three bolts with the three holes provided and press it into position. Securely hand tighten the three wingnuts.

Step 3: To install the outriggers, remove the nylon wingnuts from the outrigger arms and resting the strut on the carriage, plug the white nylon insert into the other arm. Push the four S.S. bolts firmly into the matching holes on the carriage. Replace the wingnuts and tighten them.

*Note the oarlock/pin assembly has been set up at the factory & does not need adjustment - the pitch of the Concept 2 oarlocks is 4%.

Step 4: Next position the strut arm using the larger bolt at the opposite end of the slider. Then mount the unit on the board with the seat end of the unit at a point about 2 inches behind the lift handle or balance point of the board, and centered in the middle of your board. You can fine tune the location with experience.

*Note - a little extra buoyancy forward makes for better rowing, especially into waves.
How to set up your Oar Board® Rower Unit
See the Video online at www.OarBoard.com

Step 5: The stopper fitting comes on and off with a single wingnut and functions to keep the carriage in place on the base. Remove the stopper to slide the carriage off to carry it separately. The optional stern light/cam mount or the forward view mirror locates on this fitting as well.

Step 6: Insert the footboard into the correct position for your height. You must be able to extend your legs all the way out. If the footboard is set too close you will push yourself off the seat when rowing. The footboard keeps your feet in position with Velcro straps, and is held in position by the pin on each side. Make sure these pins are fully inserted.

Step 7: See the ‘Quick Release Foot Strap’ on page 7 for detailed instructions on the Quick Release feature, and for more information see the video online at www.OarBoard.com

Step 8: See Attaching the Oar Board® Rower to your Adventure/Fitness Row SUP (page 4) or Attaching the Oar Board® Rower to a Standard SUP without Deck Rings (Page 6) and for more information see the videos online to get yourself ready to hit the water!
Step 4: Continue feeding the strap back through the gap in to the Oar Board® going under the strap and buckle and out the other side and directly through the SUP deck ring.

Step 3: Feed the strap through the gap in the Oar Board® Rower and through the SUP deck ring being sure to first go over the deck ring then under and through.

Step 2: Take your Kwik-Lok strap and fold the buckle back on itself so the sticker side is flush against the strap as shown.

Step 1: Place your Oar Board® with the seat end of the unit at a point about 2 inches behind the lift handle or balance point of the board & centered in the middle. A little extra buoyancy forward makes for better rowing, especially into waves.

The Oar Board® Rower comes almost fully assembled, as compact as possible for shipping or storage. See the How to set up your Oar Board® Rower Unit (page 2) and see the online video for more information on how to set it up and get it ready to attach to your Adventure/Fitness Row SUP.

See the Video online at www.OarBoard.com

Attach the Oar Board® Rower to an Adventure/Fitness Row SUP with deck rings

See the Video online at www.OarBoard.com
Attaching the Oar Board® Rower to an Adventure/Fitness Row SUP with deck rings

See the Video online at www.OarBoard.com

Step 5: Loop the strap through the deck ring and back inside the Oar Board® Rower. Feed the strap under the buckle and up through the back space and then down through the front space of the buckle.

Step 6: Hand tighten the strap so that you have to put some pressure on to the buckle to flip it over and close it. The sticker should now be facing up. *Note - don’t tighten straps to the max, only enough so the Oar Board® stays in place. Tuck the excess end of the strap through the Oar Board® Rower.

Simply repeat this procedure with the second strap! Relieve tension on the straps when not in use.

To release simply grip the free end of the strap and pull up keeping your fingers clear.

Step 7: Get out on the water and enjoy a row on your new Oar Board® Rower and Adventure/Fitness Row SUP!
Step 1: Mount the unit on the board with the seat end of the unit at a point about 2 inches behind the lift handle or balance point of the board, and centered in the middle of the board. You can fine-tune the location with experience.

*Note - a little extra buoyancy forward makes for better rowing, especially into waves.

Step 2: Take your Kwik-Lok strap and fold the buckle back on itself so the sticker side is flush against the strap as shown. Thread the strap through the base of the Oar Board® and around the underside of the board. Once around the board, thread the strap back through the base of the Oar Board®. Thread the strap under and through the back opening of the buckle and then down and through the front opening.

Step 3: Hand tighten the strap so that you have to put some pressure on to the buckle to flip it over and close it. The sticker should now be facing up. *Note - don't tighten straps to the max, only enough so the Oar Board® stays in place. Tuck the excess end of the strap through the Oar Board® Rower. Simply repeat this procedure with the second strap! Relieve tension on the straps when not in use. To release simply grip the free end of the strap and pull up keeping your fingers clear.

Step 4: You are now ready to launch your board and have a great row with your Oar Board® Rower!
Quick Release Strap
& Optional Pull Strap
See the Video online at www.OarBoard.com

Step 1: First place your feet into the straps located on the foot stop. The two Velcro ends of the Quick Release Strap are held in place by centering them horizontally on the inside flaps of each side of the 2” foot stop straps.

Step 2: The Quick Release Strap runs across from the right foot to the left foot, and adheres to both sides of the Velcro on the inside of the foot stop straps. When pulled, it will open both of the foot stop straps at once.

Step 3: Another optional accessory is the Pull Strap that is recommended for use when rowing in conditions where capsize is more likely. The Pull Strap attaches to the Quick Release Strap and to your leg. To attach the Pull Strap to your leg circle the longer Velcro part of the Pull Strap snugly around the top of your calf just below the knee. Orient the Pull Strap so it will hang down between your calves. The Pull Strap makes it easier to release the foot stop straps, as you do not have to reach down to your feet.

Test! If the foot stop straps release when the Quick Release Strap is pulled it is set up correctly.
Care & Maintenance of your Inflatable Stand Up Paddle/SUP Board

You’re going to love your new SUP, and we want you to preserve that investment for years to come. The elements can cause havoc on any item over an extended period of time – especially salt water and sunlight. It’s made to be enjoyed in the outdoors, so here are some guidelines for its care and maintenance.

FEATURES: The deck fittings in stainless steel include a rectangular webbing strap type that allows you to mount an Oar Board® in several locations. There are also regular D-rings for strapping cargo down to the SUP board. A single D-ring on the underside near the bow is intended for adding a line for towing or tie-down.

Built-in soft carry handles are located on the top of the SUP at the bow (front end) and the stern (back end).

Fin: The box fin is installed once the SUP is inflated. The fin has a brass pin on one end and a square nut and bolt on the other end. Remove the square nut from the bolt and drop it down into the fin box slot and tip to slide it along into the square hole. Then put the pin end of the fin in and secure using the bolt provided by threading it into the stationed square bolt.

When arriving on shore before or after a paddle, place the SUP bottom up, to help protect the fin. However, with an Oar Board® in place turning the SUP over is not possible. So support the SUP with something of the right height or hang it over the edge of something.

Remove the fin from your SUP before deflating. It is also recommended that the fin be removed after each use if leaving the SUP inflated. This can be a tedious task, but it will really help keep the board in good shape, especially if you are travelling with more than one board.

Transport Bag: The wheeled roller bag is nylon, has lift handles top and bottom, carry handles on both sides, and padded backpack straps with a waist strap. It also has 2” security straps top and bottom on both sides. A great bag for travel, it also has a pouch on the front for your pump. The deflated SUP is rolled up to fit inside this bag.

Pump: The manual pump has a gage and two fill speeds, single and double action. Use the double action speed when filling up to 1 to 12 PSI then switch the lever to the left to go to the single action speed and fill the rest up to 15 PSI total. See Inflation below.

Repairs: Your inflatable SUP is constructed from strong durable materials and can withstand most normal use. However, contact with very sharp objects such as rocks, glass, or edges can puncture the outer skin. An orange plastic tube containing a repair kit with patches and glue is included with your inflatable board, and can be used to patch the hole. If the hole is larger than the patch, you may need to seek professional repair from a boating facility.

Also included in the kit is a valve tool. In the rare event of needing these, you can find instructional videos on procedures for inflatable SUP repairs on You-tube.
Inflation: You inflate your SUP using the valve, which must be kept clear of debris. Keep the valve cover in place after inflation for this reason. Maximum inflation PSI is 15 for your SUP, which is also printed on your SUP’s deck. When storing your SUP between usage, if not rolled up in the bag, reduce the pressure to between 13-14 PSI.

See the video How To Inflate Your Adventure or Fitness Row SUP online at www.OarBoard.com

CAUTION: Overfilling the board may cause internal rupture/damage

MATERIAL MAINTENANCE: Follow the preventative instructions below to ensure longevity of your SUP. For black marks that can occur from scuffing against surfaces, use of a cleaner such as dish soap, Glue Gone or Simple Green are helpful. Some say Magic Eraser works.

SUN DAMAGE PREVENTION: Use a bag for your deflated SUP and travel with it in the bag to keep it from being damaged - do not put it in the bag when wet. If leaving the SUP inflated, purchase and use a full-length board bag for full UV and dirt protection.

Store it in a cool place, out of the sun. If exposed to the sun for prolonged periods, it may cause damage both to the core of the SUP, and the outside.

GENERAL DAMAGE PREVENTION
Salt water usage: If you use the SUP in salt-water conditions, rinse the SUP, fin and fittings with fresh water after each use to get rid of salt water and any sand or debris.

Freezing: If you live in a cold climate, make sure the SUP is dry before storing. Any water caught inside when you roll it up, could freeze and cause damage to the SUP.

ROAD TRANSPORTATION TIPS: When carrying on the vehicle roof, only use straps recommended for transporting SUPs. Do not over tighten the straps, as this can cause damage to the SUP. Pads are recommended to avoid damage to the SUP and vehicle.

Always place the SUP face up on the racks, with the fin facing forward towards the front of the vehicle. Make sure to give adequate spacing between the front and back racks. Watch your speed, as having a large SUP on top of your vehicle can make you experience wind shear.

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Care & Maintenance of your Sculling Oars

See the Video online at www.OarBoard.com

The following parts are included with 2 part Sculling oars:

- Carbon Fiber Shaft
- Fiberglass Blades - Black Gelcoat finish
- Polyethylene Oar Collar - Blue
- Adjustable Plastic Button with Stainless Steel Clamp/fastener
- Grip – Rubber
- Push Button Spring Clip - stainless steel
- Plus 1 spare pair Push Button Spring Clips - stainless steel
- Integral fiberglass reinforcement sleeve - a 14” or 36cm long extension tube

Maintenance Recommendations:

To keep your oars in good condition, separate the two sections and hose off with fresh water after use. Wipe with a cloth to remove salt, sand or dirt. If these two part sculling oars are kept conjoined, any salt water, grit or sand that is left in the joint or around the push button can cause sticking and eventually lead to permanent fusing of the two sections completely. They would then no longer come apart.

Spray the metal parts with a silicon-based spray occasionally to keep them from oxidizing. Store oars out of direct sunlight to reduce UV exposure. Wax the carbon fibre shaft and gelcoat blade using any auto wax to keep them shiny and protect against UV damage. Before applying the wax, wash the surfaces and dry thoroughly.

Usage:

One button per oar is set to suit the required overlap by locating them on the blue plastic collar and using a slot screwdriver tightening them securely in place.

Your oars come with a red stripe and a green stripe at the base of the shaft near the blade and a red stripe above the button on the second half of the shaft to match the red striped oar blade section. Each oar fits its own individual shaft, so be sure to set them up with red-to-red and green-to-green matched. To separate the shaft push down on both push button spring clips on both sides of the shaft simultaneously while pulling the two sections apart.
Oar Board® Tips - Do’s and Don’ts

• Do not over tighten the buckles – too much tension will produce an indent or print in some SUP surfaces. Release the buckle’s tension or remove the Oar Board® Rower from the SUP when not in use to prevent SUP surface printing.

• Do make sure your foot stretcher pad pins are pushed down all the way into the correct hole before rowing to ensure they don’t slip out.

• Keep Oar Board® tracks clean and free from sand, mud, or crusted salt to prevent abrasion of the track.

• Make sure your Oar Board® is equidistant from the sides on the SUP on all four corners before rowing (it might slip slightly off center while carrying to the water). Handy tip: once you’re satisfied you have the ideal spot determined for your board, making some marks or adding some stickers to the board at the four corners of the unit helps.

• Gaskets: Once your weight is on the unit the added pressure on the four neoprene gaskets located on the bottom of each corner keep the unit in its centered position. Remember to replace any gaskets that come off before using your Oar Board® Rower.

• Do not use your Oar Board® rigger arms to pull the SUP up out of the water. Instead remove the outrigger carriage from the board first, by removing the end stop and sliding the carriage off the base. Use the Oar Board® seat base to lift and carry the Oar Board®. Then lift your SUP out of the water using the SUP handles. See page 3 and see the How to set up your Oar Board® Rower Video online at www.OarBoard.com

• Hose salt water off all surfaces after each use to help keep your Oar Board® Rower pristine and prevent salt build up.

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WARRANTY

Your Oar Board® fit-on-top SUP rowing/sculling unit is manufactured with fittings designed for use in salt water or fresh. All metal parts are sleeved where they would come in contact with dissimilar metals. Always ensure that your nylon sleeves are in place where stainless steel bolts go through any part of the aluminum structure.

Your Kwik Lok straps stainless steel buckles must always be closed on the inside surface of your unit’s base and never against the surface of your SUP. We recommend that you release the Kwik Lok strap tension on the board when not in use to prevent strap imprinting on the surface of your SUP. Follow the set up instructions provided with your unit.

For safety during transport by road ensure that your unit is securely fastened to the vehicle’s roof rack. Double-checking is always advised.

For maintenance we recommend hosing the entire unit off with fresh water and wiping down with a cloth after use to minimize salt corrosion of the metal parts and/or excess scratching and wear on the tracks due to salt crystals, sand, mud or grit. Occasional spraying with a silicon-based spray will help keep metal parts from oxidizing and reduce friction.

We warrant this Oar Board® fit-on-top SUP rowing/sculling unit to the original owner for a period of two years. In the event that the unit should be defective or develop a functional problem Whitehall Rowing & Sail will, at their discretion, either (a) provide the needed replacement part(s) or (b) request that the unit be returned for repair or replacement.

First to establish a warranty claim for your unit with Whitehall Rowing & Sail send your proof of purchase to us via email, fax or mail. Next either phone, fax, email or write us to describe the problem (with photos if possible) then wait to receive confirmation of your claim. Provide us with the best way to reach you including time of day if a phone call is the preferred contact method. We will endeavour to respond before the end of 4 business days.

Do not return the item until you receive our instructions on where to send it and we have gone over the unit’s problem with you to determine the best plan of action.

Once we confirm with you that the return of the unit is required, Whitehall Rowing & Sail accepts the return of the unit for repair or replacement during the warranty period (providing you are the original owner and have already sent your proof of purchase to us via email, mail or fax). Return the unit to us by carefully packaging all parts up with appropriate packing material, in a similar manner to its original packaging, to prevent any scratching or damage to parts during transport and ship to the address we will provide to you. If the unit arrives incomplete the warranty is nullified. This return shipping cost is to be at your own expense.

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